



Bishop King C.E. Primary School

Our Intent, Implementation and Impact statement for Physical Education (PE)

Intent

At Bishop King, we aim to encourage children to lead active and healthy lives, promoting competence by developing their knowledge to know and understand skill progression, competition and positivity.

Implementation

The PE curriculum is taught through the use of PE Hub, which is in line with the National Curriculum, is used to aid teaching staff in their subject knowledge and planning of PE. Teachers are able to adjust and change lessons to suit the needs of their classes, but the scheme provides a strong basis of year group expectations. Each class has access to 2 hours of high-quality physical activity every week, including Golden Mile exercise and quality PE teaching. These are either taught by the class teacher or by HLTA's who have received training and support. Bishop King Primary School also utilise organisations such as Lincoln City Football Club SET and Premier Sports to support and help run PE sessions. Use of coaches encourages further promotion of competition and skill progression, offering staff the possibility of enhancing their CPD.

Each lesson children are given the opportunity to practise skills in a variety of ways and each lesson builds upon skills, allowing them time to embed it. Different skills are recapped throughout and across the years with positive improvement; allowing children to recall and understand more. Both Year 4 and Year 5 receive weekly swimming lessons with the aim that by the end of Year 5 all children are able to swim a minimum of 25m unassisted, promoting positive and healthy activities that may be undertaken independently out of school hours. These lessons run throughout the whole year but alternate between classes in each year group, giving the children the opportunity to take part in other sports throughout the year.

We offer a wide range of sporting after school clubs run by both teaching staff and outside agencies Premier Sports and Lincoln City Football Club. These clubs are paid for by school and they provide children with access to a wide range of sporting activities. Such activities are chosen by pupils through class votes and pupil voice to ensure the clubs are successful and popular. Our Premier Club changes once a half term to cater to a range of abilities and preferences. A range of inter and intra events run throughout the school year, giving children opportunities to take part in competitive sports.

Impact

Our curriculum aims to improve the health, wellbeing and fitness of all children at Bishop King not only through the sporting skills taught, but through the underpinning

values and disciplines PE promotes. Through strong links with PHSE we promote the overall well-being and health of each child through teaching about self-discipline and that to be successful, children need to take ownership and responsibility of their own health and fitness. In all classes children have a wide range of physical ability. Whilst recognising this fact, we provide suitable learning opportunities for all children through differentiation. Children at Bishop King make good progress in PE and are eager to attend after school clubs and competitive sports events.