



Bishop King C.E. Primary School

Our Intent, Implementation and Impact Statement for PSHE & RSE

PSHE & RSE Intent Statement:

PSHE allows time in the curriculum to develop, explore and teach personal, social and healthy wellbeing for our children. The learning time allows for children to develop their skills, values, understanding and knowledge to keep our children physically and emotionally healthy and to ensure they are prepared for life in modern Britain. Throughout our curriculum, we provide children opportunity to access learning aimed to support their lifestyle in the present and in the future. Our aim is to develop their knowledge in coping strategies, preparation of responsibilities, how their bodies will change and living in a respectful and mindful world. Our school vision, as a church school and the approach to teaching compliments the importance of how we embed PSHE and RSE within school life.

PSHE & RSE Implementation:

As a non-negotiable at Bishop King we allow for 1 hour every two weeks for KS1 and KS2. However, we have the capacity to explore PSHE and RSE on a weekly basis through discussion, lessons and circle times. In reference to our PSHE Overviews, we allow flexibility in the curriculum to explore subjects that may be relevant within school life at that time.

Our curriculum is inspired and guided by the PSHE Association, allowing our children to explore three core themes: Health and Wellbeing, Living in the Wider World and Relationships. The children are given the opportunity to explore each of these themes twice throughout the academic year.

In addition to this, through the teaching of PSHE (Physical, Social, Health and Economic) and RSE (Relationship and Sex Education) we support our children to safeguard themselves, expect respect and have the ability to say 'no' through the teaching of consent.

Throughout our curriculum we provide enrichment opportunities for our children to support our teaching. Outside agencies include: NSPCC- Stay Safe, Kooth, Addaction, Police (Mini Police Programme), First Aid and Magistrates in the Community. With this, we also acknowledge International and National awareness days such as Internet Safety Day, International Men's and Women's Day, Children's Mental Health Week and Fair-trade Fortnight.

Keeping inline with our Church School ethos, we embrace the teaching of all forms of diversity and inclusive healthy relationships with the support of the 'Valuing All God's Children' report shared by The Church of England Education Office, 2017/2019.

PSHE & RSE Impact:

By the end of Year 6, we aim to achieve that our children have been equipped with a vast amount of skills and knowledge to be successful citizens within our continuously developing world. We want our children to develop their personal skills and attributes, self-worth, esteem and emotional resilience. With these skills and knowledge, we can provide our children with capacity to seek support and guidance to ensure their safety, live respectfully within their communities and the wider world and create meaningful, positive and healthy relationships in their future.

PSHE Recovery Curriculum (2020-2021)

Through the use of additional non-negotiable requirements agreed by staff (September 2020), additional PSHE learning during the week and opportunity for 'break breaks' to support with wellbeing we have been able to raise the profile of PSHE even more so. By tweaking our current overviews to support with COVID transitions and voice of the child surveys, we have managed so far to reduce and support worry, provide trusting, supportive teacher-pupil relationships that can flourish throughout the academic year and identify children who may need additional emotional support. Children are able to seek support via many resources within school (Worry box, Emotion Stations, Calm Areas etc.) and through the strategies and discussions facilitated during PSHE learning within Autumn 1.