


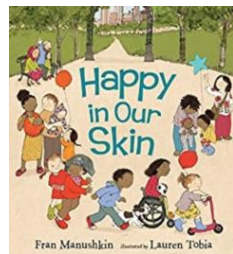

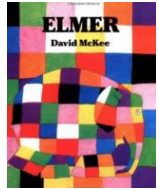


## Long Term Curriculum Overview 2020/21 – Autumn Term

**Subject: PSHE**

**Year: 2**

*'We create a nurturing environment which both inspires and challenges our whole school family, equipping our children to have high aspirations to: 'Dream big, love God and live well.'*

	<p>Au1</p> <p><b>Truth Democracy</b></p> <p>Healthy Lifestyle/ Health and Wellbeing</p>	<p>Au2</p> <p><b>Compassion Mutual Respect</b></p> <p>Living in the Wider World - Respecting Environment/ Responsibility</p>
<p>Week 1</p> <p>To always explore the British Value of the Term</p>	<p><b>'We are a class family'</b></p> <ul style="list-style-type: none"> <li>Class Routines and Boundaries/ Expectations</li> <li>What does our learning day look like</li> <li>We are here to keep each other safe</li> <li>'All About Me' – Mood Boards; what can we learn about or children?</li> </ul> 	<p><b>'We are all equal'</b></p> <p><b>Can I identify and respect the differences and similarities between people?</b></p> <ul style="list-style-type: none"> <li>Exploring diversity within a community</li> <li>How do we respect people who are different to us? (BLM Movement) (Gender Equality) (LGBTQ+ Equality)</li> </ul>   
<p>Week 2</p>	<p><b>'Exploring Feelings'</b></p> <ul style="list-style-type: none"> <li>Recognise and name different feelings</li> <li>How feelings can affect people's bodies and how they behave</li> <li>How to recognise what others might be feeling</li> </ul>	<p><b>'Shared Responsibilities'</b></p> <ul style="list-style-type: none"> <li>What rules are, why they are needed, and why different rules are needed for different situations (COVID-19) our responsibility to keep others safe.</li> <li>People and other living things have different needs, the</li> </ul>

	<ul style="list-style-type: none"> <li>Talking time – what strategies work for me. Adult to give his or her own strategies as examples.</li> </ul>	responsibilities of caring for them
Week 3	<p><b>‘Keeping Healthy (Physically and Mental Wellbeing)’</b></p> <ul style="list-style-type: none"> <li>What keeping healthy means, different ways to keep healthy</li> </ul> <p><b>Mindfulness/Exploring Mental Health for Younger Children</b></p> <p>‘Big Feelings and Small Feelings’</p> <p>Who can help me and how can I help myself?</p> <ul style="list-style-type: none"> <li>Mindfulness Activities</li> </ul>	<p><b>‘Community’</b></p> <ul style="list-style-type: none"> <li>How do we look after our local environment, Bishop King?</li> <li>How do we keep safe in the local environment, Sincil Bank?</li> <li>How do we look after our wider world?</li> </ul> <p><b>Can I respect equality and to be a productive member of a diverse community?</b></p>
Week 4	<p><b>‘Keeping Safe -Exploring First Aid’</b></p> <ul style="list-style-type: none"> <li>How to Keep Ourselves Safe at Home</li> <li>Recognise risk in simple everyday situations and what actions to take to minimise harm.</li> </ul>	<p><b>‘Exploring Friendships’</b></p> <ul style="list-style-type: none"> <li>What makes a good friend?</li> <li>Strategies to solve conflict between friends and where to seek support</li> <li>How can we recognise loneliness and making friends</li> </ul>
Week 5	<p><b>‘My Safe Adult’</b></p> <ul style="list-style-type: none"> <li>Who supports us in school and out of school? People whose job it is to keep us safe.</li> </ul> <p><b>‘How to contact people who help us in community’</b></p> <ul style="list-style-type: none"> <li>Including dialling 999 in an emergency</li> <li>How to respecting privacy and acknowledge the right to keep things private.</li> </ul>	<p><b>‘How do I keep myself physically and emotionally safe?’</b></p> <ul style="list-style-type: none"> <li>Having the ability to say ‘no’ (Exploring Peer Pressure)</li> <li>Acknowledging what a <u>real</u> friend would do.</li> </ul> <p><b>Can I recognise risky and negative relationships?</b></p> <ul style="list-style-type: none"> <li>How to recognise the feeling of comfortable and uncomfortable – what is acceptable and not acceptable</li> </ul> <p><u>When to say ‘no’/ ‘I’ll tell’</u></p>

Week 6	<b>'Ourselves Growing and Changing'</b> <ul style="list-style-type: none"> <li>• Recognise what makes them special and the ways in which we are all unique</li> <li>• To identify what they are good at, what they like and dislike</li> <li>• How to manage when finding things difficult</li> </ul>	<b>'My Support Network – (Review)'</b> <ul style="list-style-type: none"> <li>• Which adults can help me?</li> <li>• Which members of the community can help me?</li> <li>• Which friends can help me?</li> <li>• How could I help myself?</li> </ul>
Week 7		