

Dream big. Love God. Live well.

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## Hello 5L

I hope you are all keeping safe and enjoying spending time at home with your families! I have been coming into school during the last two weeks and miss seeing you all there! Myself and Mrs Thomas have been planning lots of fun things for us to do when you get back! It is a scary time, but if we all follow the rules of staying at home, hopefully we will be back to school really soon and we can all share what we have been doing these last few weeks. I am certainly looking forward to seeing you all again soon. I think my dogs are also ready for me to come back as I've been tiring them out every day by walking miles for my daily exercise!

I will be sending out a newsletter every week from Monday 20<sup>th</sup> April 2020, so keep a look out for that. I will try to add a challenge each week.

Take care 5L, missing you all! Miss Lavery

## **Home Learning**

I hope you are all working on your home learning booklets? In addition, I would like you to complete the tasks below this week.

- Purple Mash times tables games. I have allocated you all some times tables games on Purple Mash. If you can, please have a go at these. If you do not have access to Purple Mash, please practise your times tables in another way. If you feel you are confident, get someone to test you.
- Spellings. Please practise the following 10 spellings accommodate, accompany, according, achieve, aggressive, amateur, ancient, apparent, appreciate, attached.
- Practise your number bonds to 20 (Mrs Thomas' Maths group) or 100 (My Maths group). How many different calculations can you come up with to make 20 or 100?
- PE it is important to keep fit, even though you are at home. One really good way to do this is by following Joe Wicks on Youtube <a href="https://www.youtube.com/user/thebodycoach1">https://www.youtube.com/user/thebodycoach1</a> he does a new work out live at 9am every day, so get up and have a go every morning to start your day with energy and make sure you are still exercising!
- Read. You should still be trying to read at least three times a week. This can be you school reader or a book of your own. If you prefer, there are lots of Authors/teachers reading aloud books online, you can find and listen to one of these.
- Weekly Challenge I would like you to have a go a baking or cooking for your family. You will need the help of
  an adult. Take a photo and I hope to get an email address up and running in the next few days so you can send
  pictures.

## **Keeping Safe**

Remember, you should only be going out if it is essential. You are allowed to go out for exercise once a day (with someone else from your household), but not to meet up with your friends. You are also allowed to go to the shops for essential items or for medical reasons. You should not be going to see friends or family that do not live with you. When you do see other people, you should keep around 6 feet away from them.

If you have any worries, there are still people available to help you. If you can, talk to an adult you trust or an older brother or sister.

Organisations such as Childline (0800 1111) are still open for support if you need them.