



**Long Term Curriculum Overview 2019-20/21**

**Subject: PSHE**

**Year: 2**

*'We create a nurturing environment which both inspires and challenges our whole school family, equipping our children to have high aspirations to: 'Dream big, love God and live well.'*

	Au1 <b>Koinonia Democracy</b>  Healthy Lifestyle/ Health and Wellbeing	Au 2 <b>Generosity Individual Liberty</b>  Living in the Wider World - respecting environment/ responsibility/money	Spr1 <b>Hope Rule of Law</b>  Health and Wellbeing – Understand risk/ resisting Pressure	Spr2 <b>Friendship Tolerance of other beliefs</b>  Relationships – what is a healthy relationship?	Su1 <b>Respect Mutual Respect</b>  Relationships – How to respect equality and diversity Living in the Wider World- Human rights etc.	Su2 <b>Thankfulness All British Values</b>  Health and Wellbeing – Recognising and Managing Emotions/ Living in the Wider World – different responsibilities.
Week 1 <b>To always explore the British Value of the Term</b>	British Value Democracy	British Value Individual Liberty	British Value Rule of Law	British Value Tolerance of other belief 27 <sup>th</sup> February-11 <sup>th</sup> March Fair-Trade Fortnight	British Value Mutual Respect	British Value Revisiting All British Values  3 <sup>rd</sup> June Child Safety Week
Week 2	<b>How do I keep myself healthy?</b> <ul style="list-style-type: none"> <li>• What keeping healthy means; different ways to keep healthy</li> <li>• Foods that support good health and the risks of eating too much sugar</li> <li>• About how physical activity helps us to</li> </ul>	<b>What does Community mean?</b> <ul style="list-style-type: none"> <li>• Different groups they belong to</li> <li>• Different roles and responsibilities people have in their community</li> </ul>	<b>How does it feel when we loose something important?</b>  Exploring Grief and Loss – How does this make us feel?	<b>Families and Close Positive Relationships</b>  - How does our families differ from each other's? What makes a family? Stone Wall Resources	<b>Can I identify and respect the differences and similarities between people?</b> <ul style="list-style-type: none"> <li>• Exploring strengths and interests</li> </ul>	<b>How to contact people who help us in community</b> <ul style="list-style-type: none"> <li>• Including dialling 999 in an emergency</li> <li>• How to respecting privacy and acknowledge the right to keep things private.</li> </ul>

	stay healthy; and ways to be physically active everyday	<ul style="list-style-type: none"> <li>To recognise the ways they are the same as, and different to, other people</li> </ul>				8 <sup>th</sup> June- Healthy Eating Week
Week 3	<b>Exploring Feelings</b> <ul style="list-style-type: none"> <li>Recognise and name different feelings</li> <li>How feelings can affect people's bodies and how they behave</li> <li>How to recognise what others might be feeling</li> </ul>	<b>Anti Bullying Week</b>	<b>What does it feel like to be worried and who can help me?</b> <ul style="list-style-type: none"> <li>How we can ask for help if a friendship is making them unhappy</li> </ul>	<b>Exploring Friendships</b> <ul style="list-style-type: none"> <li>What makes a good friend?</li> <li>Strategies to solve conflict between friends and where to seek support</li> <li>How can we recognise loneliness and making friends</li> </ul>	<b>Can I recognise what fairness is?</b>  Can I recognise how I feel and know how to respond to that feeling? <ul style="list-style-type: none"> <li>Exploring Equality</li> </ul>	<b>Keeping Myself Safe</b> First Aid
Week 4	<b>Keeping Safe</b> <ul style="list-style-type: none"> <li>How to Keep Ourselves Safe at Home</li> <li>Recognise risk in simple everyday situations and what actions to take to minimise harm.</li> </ul>	<b>Shared Responsibilities</b> <ul style="list-style-type: none"> <li>What rules are, why they are needed, and why different rules are needed for different situations</li> <li>How people and other living things have different needs; about the</li> </ul>	<b>How do I keep myself physically and emotionally safe?</b> <ul style="list-style-type: none"> <li>Having the ability to say 'no'</li> </ul> 3 <sup>rd</sup> February Children's Mental Health Awareness Week		<b>Can I respect equality and to be a productive member of a diverse community?</b> <ul style="list-style-type: none"> <li>Family</li> <li>Class</li> <li>Bishop King Family</li> <li>Sincil Bank Community</li> </ul>	<b>Can I recognise risky and negative relationships?</b>  How to recognise the feeling of comfortable and uncomfortable – what is acceptable and not acceptable  When to say 'no' / 'I'll tell'  Who are my Safe

Week 5	<b>My Safe Adult</b> <ul style="list-style-type: none"> <li>Who supports us in school and out of school?</li> <li>People whose job it is to keep us safe.</li> </ul>	responsibilities of caring for them <ul style="list-style-type: none"> <li>Things they can do to help look after their environment</li> </ul>	<b>11th Feb – Internet Safety Day (Priority)</b> <ul style="list-style-type: none"> <li>The internet and digital devices can be used safely to find things out and to communicate with others</li> </ul>	<b>Keeping myself safe</b> <p>Exploring the PANTS rule</p> <p>When do we ask permission and when does our permission need to be sought?</p> <p>How to respond to adults safely that we do not know.</p>	The rights and responsibilities of being within a community.	Adults?
Week 6	<b>Ourselves Growing and Changing</b> <ul style="list-style-type: none"> <li>Recognise what makes them special and the ways in which we are all unique</li> <li>To identify what they are good at, what they like and dislike</li> <li>How to manage when finding things difficult</li> </ul>	<b>Economic Wellbeing – Money</b> <ul style="list-style-type: none"> <li>What money is; forms that money comes in</li> <li>People make different choices about how to save and spend money</li> <li>The difference between needs and wants; that sometimes people may not always be able to have the things they want.</li> </ul>			Can I listen to the ideas of other? / Can I Respond to the ideas of others	Transition Support
Week 7				<b>Expect Respect Teaching - Priority</b>		