



**Long Term Curriculum Overview 2019-20/21**

**Subject: PSHE**

**Year: 6**

*'We create a nurturing environment, which both inspires and challenges our whole school family, equipping our children to have high aspirations to: 'Dream big, love God and live well.'*

	Au1 <b>Koinonia Democracy</b>  Healthy Lifestyle/ Health and Wellbeing	Au2 <b>Generosity Individual Liberty</b>  Living in the Wider World - respecting environment/ responsibility/money	Spr1 <b>Hope Rule of Law</b>  Health and Wellbeing – Understand risk/ resisting Pressure	Spr2 <b>Friendship Tolerance of other Beliefs</b>  Relationships – what is a healthy relationship?	Su1 <b>Respect Mutual Respect</b>  Relationships – How to respect equality and diversity Living in the Wider World- Human rights etc.	Su2 – <b>Thankfulness All British Values</b>  Health and Wellbeing – Recognising and Managing Emotions/ Living in the Wider World – different responsibilities.
Week 1  <b>To always explore the British Value of the Term</b>	British Value Democracy	British Value Individual Liberty  <b>Bikeability</b>  <b>Parliament Week (Guided Reading)</b>	British Value Rule of Law  <b>Risk on Social Media/ Peer Pressure</b>  (Photoshop? How people may not be their 'true selves' online)	British Value Tolerance of Other Beliefs  27 <sup>th</sup> February-11 <sup>th</sup> March Fair-Trade Fortnight	British Value Mutual Respect  <b>Crime &amp; Punishment Topic in Class</b> ST to make links with Magistrates in the Community	British Value Revisiting All British Values  3 <sup>rd</sup> June Child Safety Week
Week 2	<b>Taking Care of Myself</b>  • Exploring the elements of a healthy lifestyle	<b>Global Project – Habitats and environment</b>	<b>Expect Respect Teaching (Priority)</b>  <b>Risk/ Worries about Sincil Bank and Local Community- (to be revisited)</b>	<b>LGBT Workshop</b> Letter to Parents to be sent  -Civil partnerships/marriage	<b>Cities of Culture and Personal Heritage</b>  • 'My World and Me' • Recognising individual and personal qualities and identity. – What contributes to what we are?	<b>Transition Taking Care of Myself</b>  How do I get to Secondary School/ Bus Timetables etc.)?  Being independent in Secondary School (Healthy Lunch. Managing Money, Having Equipment)  8 <sup>th</sup> June Healthy Eating Week

Week 3	<b>Taking Care of Myself:</b> <ul style="list-style-type: none"> <li>What constitutes a healthy diet; how to plan healthy meals; benefits to health and wellbeing of eating nutritionally</li> <li>Risks associated with not eating a healthy diet including obesity and tooth decay</li> </ul>	<b>Anti bullying Week</b>  <b>Remembrance – Service and activities</b>	<b>Risk/ Worries in the Wider World</b> <b>Democracy/Dictatorship</b>  <b>Children’s Mental Health Awareness Week</b> <ul style="list-style-type: none"> <li>Predicting, Assessing and Managing risk in different situations</li> <li>Keeping Safe in the local environment</li> <li>About diversity: what it means; the benefits of living in a diverse community;</li> <li>About valuing diversity within communities</li> </ul>	<b>Equality</b> <ul style="list-style-type: none"> <li>Human rights</li> <li>Discrimination of individuals and communities.</li> <li>Gender (For some people gender identity does not correspond with their biological sex.</li> </ul> <b>8<sup>th</sup> March</b> <b>International Women’s Day</b>	<b>18<sup>th</sup> May</b> <b>Mental Health Awareness Week</b>	<b>Keeping Myself Safe</b> <b>First Aid</b>
Week 4	<b>Emotion/Feelings</b> <ul style="list-style-type: none"> <li>Exploring the importance of taking care of Mental Health</li> <li>How we would express our feelings/ who would we talk to support our own mental wellbeing</li> </ul>	<b>19th Oct - International Men’s Day</b>  <b>Road Safety Week</b>			<b>Environment –</b>  How do we respect our environment?  Responsibility of looking after our Earth (Plastic Pollution) How can we look after our local community Sincil Bank?	
Week 5	<b>1st October – Black History Month</b>	Aspirations & Earning Money (What I Need/What I Want)	<b>Internet Safety Day</b>	<b>Revisit</b> Stand Up Speak Up  <b>23<sup>rd</sup> March – National Workout and Wellbeing Week</b>		<b>Relationship and Sex Education</b> Letter to Parents to be sent.
Week 6	<b>Personal Hygiene/Puberty</b> <ul style="list-style-type: none"> <li>Keeping myself clean, hygiene routines change during the time of puberty</li> </ul>					
Week 7		<b>Managing Money</b>				

	<ul style="list-style-type: none"><li>Showing Products/ Deodorant, Shower Gel</li></ul>					
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