



*'We create a nurturing environment which both inspires and challenges our whole school family, equipping our children to have high aspirations to: 'Dream big, love God and live well.'*

Curriculum Design taken from the [www.sexeducationforum.org.uk](http://www.sexeducationforum.org.uk) (published in May 2018)

This document was launched in partnership with the PSHE Association.

Highlighted are the questions from the RSE Curriculum Design already covered in the PSHE Curriculum at Bishop King

<b>RSE Curriculum Themes</b>	<b>Questions NOT covered on the PSHE Curriculum (This is for <u>11-13 years old section</u> from <a href="http://www.sexeducationforum.org.uk">www.sexeducationforum.org.uk</a>)</b>
Relationships	<p>Why do relationships change during adolescence? – Exploring own identify, morals, beliefs and <u>but not specifically this question</u>.</p> <p>How can I cope with changing relationships with my family and friends?</p> <p>What are the qualities I should look for in a partner? At Bishop King we explore qualities in friendships – we could look at qualities in relationships in general.</p> <p>At what age is it legal to have sex?</p> <p>Should everyone have a boyfriend or girlfriend at my age?</p> <p>How do I know when I am ready to have sex/be intimate with my boyfriend/girlfriend?</p>
My Body	<p>What is the menstrual cycle and how does it affect fertility? – Menstrual Cycle is explored through puberty, however maybe not in detail about how this affects fertility.</p> <p>Why do boys get erections?</p> <p>What is the menopause, when does it happen in a woman's life and do men go through it too?</p> <p>What is happening to my body when I get sexually excited?</p> <p>What are <u>normal bodily fluids</u> secreted from penis and vagina?</p> <p>What is an orgasm and how can I have one?</p>

**Curriculum Overview 2019-20/21-22**

**Subject: RSE**

**Year: 6 (age 10-11)**

	<p>Do males and females experience orgasm in the same way?</p>
<p>Feelings/Attitudes</p>	<p>What is the difference between sexual attraction and love? How will I know if <u>I am in love</u>? Does this mean I am gay or lesbian? Do you have to have sex to show someone you love him or her? What should I do if I feel I am being pressured into having sex? Is everybody doing it? – This could be included in Peer Pressure learning In my community being a teenage parent is acceptable- is this wrong? This can be further developed through discussion when exploring Sex and how this links as a Church School, but understanding people have their own views.</p>
<p>Lifecycle/Human Reproduction</p>	
<p>Keeping Safe and Looking After Myself (Giving the children the ability to safeguard themselves)</p> <p>What are our priorities at Bishop King? - Underlined questions allow us to explore how children and young people can safeguard themselves.</p>	<p>What is <u>safer sex</u>? Should everyone who is sexually active carry condoms? <u>What infections can be caught from having sex?</u> <u>What are the symptoms?</u> What is the impact on your health? What is <u>HIV and AIDS</u> how do you get it? Is it always through sex? <u>How do women get pregnant and how does the baby develop?</u> <u>Does sex always lead to pregnancy?</u> <u>How can conception be prevented?</u> Are there ways of enjoying sex that don't risk pregnancy or infection? <u>What are the different methods of contraception?</u> Are some easier to use than others?</p>

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	<p>When should emergency contraception be used? Who should be responsible for contraception/safer sex in a relationship? Interesting conversations about gender responsibility. If someone is on the pill, why do they have to use a condom as well? Does drinking alcohol or using drugs affect my decisions about behaviour?</p>
People Help Me/Getting Advice	<p>If I think I have a sexually transmitted infection, where can I get it treated? If a woman gets pregnant, what choices does she have? How people may view these decisions – but we have our choice/rights. What are the best websites on sex and relationships for young people?</p> <p><a href="https://www.lovese.org.uk/">https://www.lovese.org.uk/</a> -Lovese is a charity that seeks to help parents, youth groups and schools by providing presentations on the subjects of marriage, sex and relationships from a Christian perspective.</p> <p><a href="https://www.brook.org.uk">https://www.brook.org.uk</a> - Healthy lives for Young People, free and confidential sexual health and wellbeing support.</p> <p><a href="https://www.childline.org.uk/info-advice/friends-relationships-sex/sex-relationships">https://www.childline.org.uk/info-advice/friends-relationships-sex/sex-relationships</a></p> <p><a href="https://www.changegrowlive.org/advice-info/under-21-advice/relationships">https://www.changegrowlive.org/advice-info/under-21-advice/relationships</a> - support for young people and parents. Explore healthy and unhealthy relationships.</p> <p><a href="https://www.thinkuknow.co.uk/parents/Listing/?cat=66,72,73&amp;ref=4767#mMain">https://www.thinkuknow.co.uk/parents/Listing/?cat=66,72,73&amp;ref=4767#mMain</a> - Support for parents if they are concerned about their child. Explores sexual exploitation, sexualised behaviour online and how to appropriately talk to your child.</p>

	<p>How can I find out about local contraception and sexual health services, and what should I expect from them? Can I see a nurse or doctor in private?</p>
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**Extra Support from <https://www.bigtalkeducation.co.uk/rse-information-and-support-for-schools/what-and-when-re-rse/>**

**Age 9 to 11:** At these ages it is important to review the previous information taught, as children tend to absorb and retain elements of the information when it is of relevance to them. So we allow children to ask more questions in these year groups, to ensure they understand what they have been taught and fill in any gaps in knowledge. They will often want more details on conception, how babies develop (including twins) and are born. Sometimes they ask how people can get germs from sex and how they can be prevented, or there may be curiosity about feelings or body image – each group is different.

Things to consider

- Church School Values – what does the bible tell us about sex before marriage?