

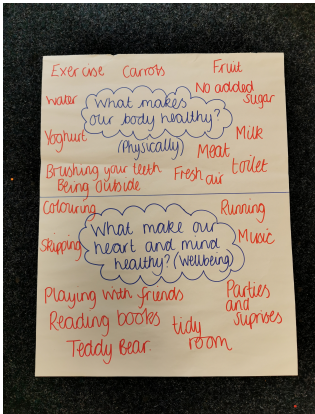
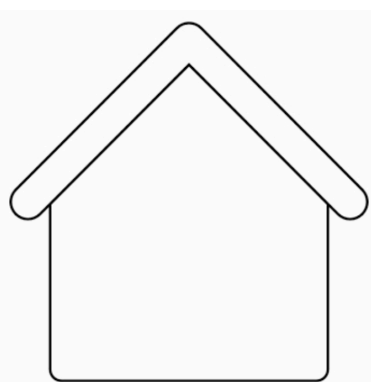
## MediumTerm Curriculum Overview 2021/22 – Spring Term

Subject: PSHE

Year: 1

*'We create a nurturing environment which both inspires and challenges our whole school family, equipping our children to have high aspirations to: 'Dream big, love God and live well.'*

	<p>Spr1 <b>Hope</b> <b>Rule of Law</b></p> <p>Healthy Lifestyle/ Health and Wellbeing – Understand risk/ resisting Pressure</p>	<p>Sp2 <b>Friendship</b> <b>Tolerance of those of Different Faiths and Beliefs</b></p> <p>Relationships What is a healthy relationship?</p>
<p>Week 1 To always explore the British Value of the Term</p>	<p><b>British Values</b> <b>Rule of Law</b></p> <ul style="list-style-type: none"><li>• To understand the 'Rule of Law'</li></ul>	<p><b>British Values</b> <b>Tolerance of those of Different Faiths and Beliefs</b></p> <ul style="list-style-type: none"><li>• To understand 'Tolerance of those of Different Faiths and Beliefs</li></ul>

<p>Week 2</p>	<p><b>How do I keep myself Physically and Emotionally safe?</b></p> <ul style="list-style-type: none"> <li>To understand the meaning of Consent especially around strangers. (PANTS Rule)</li> <li>To know how to respond to adults safely that we do not know.</li> <li>To know when we ask permission and when does our permission need to be sought?</li> </ul> 	<p><b>Exploring Friendships</b></p> <ul style="list-style-type: none"> <li>To know what makes a good friend?.</li> <li>To understand qualities that we seek in friends</li> <li>To understand how respecting and tolerating others opinion and ideas, still allows us to be friends.</li> </ul>
<p>Week 3</p>	<p><b>'Keeping Myself Safe'- Can I create a Safe Home</b></p> <ul style="list-style-type: none"> <li>To know risk in simple everyday situations and what action.</li> <li>Understand strategies to keep safe at home (exploring Medicines)</li> <li>Can I create a safe home?</li> </ul> 	<p><b>Exploring Relationships and Resolving Conflict</b></p> <ul style="list-style-type: none"> <li>To understand and know how to resolve conflict within relationships.</li> <li>To know how to independently problem solve, but also understand that support maybe needed.</li> <li>To know what bullying means and understand how to seek help.</li> <li>To understand how we can recognise loneliness</li> <li>To know how to make friends.</li> </ul>

Week 4	<p><b>Keeping Myself Safe – Peer Pressure</b></p> <ul style="list-style-type: none"> <li>• To understand and know the risks of peer pressure.</li> <li>• To know how to avoid peer pressure and who can help you</li> <li>• To know how being pressured may feel.</li> </ul>	<p><b>Families and Close Positive Relationships</b></p> <ul style="list-style-type: none"> <li>- To know and understand how does our families differ from each other's.</li> <li>- To know the positive relationships we have at Bishop King?</li> <li>- To understand What makes a family</li> <li>- To know and understand that all families have challenges and may not always be perfect.</li> <li>- To understand that families do not always only consist of a Mum and a Dad</li> </ul> <p>Stone Wall Resources/ <b>We are Family</b> -  <a href="https://www.youtube.com/watch?v=HgjXw2OMEIQ">https://www.youtube.com/watch?v=HgjXw2OMEIQ</a></p>
Week 5	<p><b>9h Feb – Internet Safety Day (Priority)</b></p> <ul style="list-style-type: none"> <li>• Exploring Self-Image (what do we think about ourselves?) – self esteem</li> </ul>	<p><b>Economic Wellbeing – Money</b></p> <ul style="list-style-type: none"> <li>• To know what forms money comes in</li> <li>• To understand that people make different choices when saving and spending money</li> </ul>
Week 6	<p><b>Exploring Self-Image</b></p> <ul style="list-style-type: none"> <li>• To understand the meaning of Self-Esteem</li> <li>• To know and understand how to express our strengths and to know how to raise our own self-esteem (Independently or with support from Support Network)</li> </ul>	<p><b>Expect Respect Teaching - Priority (Consent)</b></p>

Week 7		
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