



Medium Term Curriculum Overview 2021/22 – Spring Term

Subject: PSHE

Year: 6

'We create a nurturing environment which both inspires and challenges our whole school family, equipping our children to have high aspirations to: 'Dream big, love God and live well.'

	<p>Spr1 Hope Rule of Law</p> <p>Healthy Lifestyle/ Health and Wellbeing – Understand risk/ resisting Pressure</p>	<p>Sp2 Friendship Tolerance of those with different faiths and beliefs</p> <p>Relationships What is a healthy relationship?</p>
<p>Week 1 To always explore the British Value of the Term</p>	<p>British Values Rule of Law</p> <ul style="list-style-type: none"> To understand the 'Rule of Law' 	<p>British Values Tolerance of those with different faiths and beliefs</p> <ul style="list-style-type: none"> To understand the meaning of tolerance and to know how to respect those with differences.

<p>Week 2</p>	<p style="text-align: center;">Mental Health</p> <ul style="list-style-type: none"> • To understand like physical health – part of daily life, importance of taking care of mental health • To understand different areas of mental health, how this fits with wellbeing. • To know strategies and behaviours to support mental health • To understand and recognise that feelings can change overtime/ The importance of expressing feelings • To know services that can help with Mental Health support. • To understand how online misuse (trolling) can be detrimental to someone’s mental health as well as face-to-face unkindness. 	<p style="text-align: center;">Friendship & Relationships</p> <ul style="list-style-type: none"> • To understand and know the different types of relationships. • To understand why people may choose to get married and what this means legally. • To understand Marriage Equality has not always been allowed (LGBT+/Same Sex Partnership – 2014) Using support from ‘Valuing All God’s Children’ and Stonewall Resources • How wedding ceremonies may look different to those with different faiths and beliefs. • To understand the difference between friendship, family relationships and relationships with marriage or partner (referring to their adults at home) • To understand the difference between love for our friends and love for our families.
<p>Week 3</p>	<p style="text-align: center;">Keeping Safe – Peer Pressure</p> <ul style="list-style-type: none"> • To understand and know the meaning of Consent & • To know how to have the ability to say ‘No’. • To know unwanted own opinion of unwanted physical/emotional contact and to know what strategies would we use • To understand levels of friendship and how peer pressure can take a role in relationships • To know pressures of social influences. <p style="text-align: center;"><u>When to say ‘no’/ ‘I’ll tell’ –</u></p> <ul style="list-style-type: none"> • To know that sometimes we have a responsibility to tell 	<p style="text-align: center;">Equality</p> <ul style="list-style-type: none"> • To understand the meaning of Equality (Gender, Ability, Race, Faith, Belief) • To understand gender for some people gender identity does not correspond with their biological sex. • To understand and know the meaning of Human rights • To know and understand discrimination of individuals and communities, how we can reduce discrimination by exploring British Values • To understand the meaning of prejudice; • To understand how to recognise behaviours/actions which discriminate against others • To know how to respond safely to prejudice, if witness or

	<ul style="list-style-type: none"> To understand our changing bodies as we grow and how to keep our bodies safe. To understand pressures of media and online. 	<p>experienced.</p>
<p>Week 4</p>	<p>Can I recognise how images in the media do not always reflect reality and can affect how people feel about themselves?</p> <ul style="list-style-type: none"> To understand pressures of self-image in social media. To understand that the media's perception of beauty may not be reality. To know that social media can glamorise beauty, drugs, alcohol etc. 	<p>Can I be aware of different types of relationship, including those between acquaintances, friends, relatives and families?</p> <ul style="list-style-type: none"> To understand that we can differentiate relationships. To know the difference between acquaintances and friends To understand that mutual respect is needed within all relationships to maintain them. To understand and know how to identify controlling behaviours associated with peer pressures and unwanted physical/emotional contact
<p>Week 5</p>	<p>Internet Safety Day</p> <p>8th February</p> <ul style="list-style-type: none"> To understand and know the risks of being online, including age restrictions. To know the internet and digital devices can be used safely to find things out and to communicate with others 	<p>Can I recognise what constitutes a positive, healthy relationship and develop the skills to form and maintain positive and healthy relationships?</p> <ul style="list-style-type: none"> To know how to have a healthy relationship. To understand unhealthy and healthy qualities in a relationship. To know where to seek support if a relationship is becoming unhealthy. To understand who I have a healthy relationship with who and why. To know who are my support network in and out of school. To understand and know if my relationships with my support network are healthy and why. <p>(Appropriate/Not Appropriate)</p>

Week 6		Expect Respect Teaching - Priority (Consent)
Week 7		