



Medium Term Curriculum Overview 2021/22– Summer Term

Subject: PSHE

Year: 4

'We create a nurturing environment which both inspires and challenges our whole school family, equipping our children to have high aspirations to: 'Dream big, love God and live well.'

	<p>Su1 Respect Mutual Respect</p> <p>Relationships – How to respect equality and diversity Living in the Wider World- Human rights etc.</p>	<p>Su2 Thankfulness All British Values</p> <p>Health and Wellbeing – Recognising and Managing Emotions/ Living in the Wider World – different responsibilities.</p>
<p>Week 1 To always explore the British Value of the Term</p>	<p>British Value 'Mutual Respect'</p> <ul style="list-style-type: none">To understand and know the meaning of mutual respect. <p>'My Feelings and Me' Booklet Whole School Priority (Year Groups to use PSHE learning time to complete in the first 2 weeks of Sum1)</p>	<p>British Value Exploring All British Values</p> <ul style="list-style-type: none">To understand and re-visit all the British Values covered across the year.

<p>Week 2</p>	<p>Can I discuss that civil partnerships and marriage are examples of stable, loving relationships and a public demonstration of the commitment made between two people who love and care?</p> <ul style="list-style-type: none"> • To understand and know the different types of relationships. • To understand why people may choose to get married and what this means legally. • To understand Marriage Equality has not always been allowed (LGBT+/Same Sex Partnership – 2014) Using support from 'Valuing All God's Children' and Stonewall Resources • How wedding ceremonies may look different to those with different faiths and beliefs. 	<p>Can I recognise opportunities to make my own choices about food, what might influence my choices and the benefits of eating a balanced diet?</p> <ul style="list-style-type: none"> • To understand and know what constitutes as a healthy meal • To understand the risks of not eating a healthy diet • To understand and know my responsibility to look after myself physically and mentally • To understand that I am responsible for my own choices.
<p>Week 3</p>	<p>Can I recognise what constitutes a positive, healthy relationship and develop the skills to form and maintain positive and healthy relationships?</p> <ul style="list-style-type: none"> • To know how to have a healthy relationship. • To understand unhealthy and healthy qualities in a relationship. • To know where to seek support if a relationship is becoming unhealthy. • To understand who I have a healthy relationship with who and why. • To know who are my support network in and out of school. • To understand and know if my relationships with my support network are healthy and why. 	<p>Can I celebrate differences?</p> <ul style="list-style-type: none"> • To know and converse the benefits of living in a diverse community. • To understand that valuing the different contributions that people and groups make a community. <p>How are we similar? How are we different?</p> <ul style="list-style-type: none"> • To understand and recognise self respect and how we treat others • To understand and tolerate by listening and respond respectfully – including traditions, beliefs and lifestyles

	(Appropriate/Not Appropriate)	-
Week 4	<p>Can I be aware of different types of relationship, including those between acquaintances, friends, relatives and families?</p> <ul style="list-style-type: none"> • To understand that we can differentiate relationships. • To know the difference between acquaintances and friends • To understand that mutual respect is needed within all relationships to maintain them. 	<p>Can I discuss why we should not judge people by their appearances or lifestyle</p> <ul style="list-style-type: none"> • To have an understanding about the meaning of stereotyping and how this can discriminate against those of different gender, race, faith or sexuality. <p style="text-align: center;">Equality</p> <ul style="list-style-type: none"> • To understand and know the meaning of Human rights • To know and understand discrimination of individuals and communities, how we can reduce discrimination by exploring British Values <p style="text-align: center;">Can I understand what bullying is?</p> <ul style="list-style-type: none"> • To understand and know the meaning of bullying. • To know and recognise positive and negative language • To understand and know the attributes of a bully and how we can reduce bullying in our community.
Week 5	<p>Can I explain what makes a good friend/How to make and maintain friendships?</p> <ul style="list-style-type: none"> • To understand and know strategies to problem solve social problems • To understand and explore a variety of social skills to support with trusting each other, but understanding trust can be gained and broken. 	<p>Can I explain how people should believe in themselves and their own capabilities?</p> <ul style="list-style-type: none"> • To understand how to express strengths, belief and self-confidence but understanding self – respect. • To understand that confidence is positive and to know if this could be negative (arrogance, entitlement etc.)

	<ul style="list-style-type: none"> To understand those opinions may differ and how tolerance can support with this. 	<p>Can I create a list of personal coping strategies?</p> <ul style="list-style-type: none"> To know personal coping and understanding our changing bodies and how this may alter our feelings through puberty. To understand how to overcome mistakes and learning from them
Week 6	<p>Expect Respect Teaching - Priority (Consent)</p>	<p>Can I reflect on my personal aspirations and goals?</p> <ul style="list-style-type: none"> To understand and know my own goals and aspirations for my future. To understand how I can overcome any barriers to achieving these aspirations and goals To understand and know what opportunities allow me to achieve my goals.
Week 7		<p>Transition Support</p>