



Medium Term Curriculum Overview 2021/22 – Summer Term Subject: PSHE

Year: 5

'We create a nurturing environment which both inspires and challenges our whole school family, equipping our children to have high aspirations to: 'Dream big, love God and live well.'

	<p>Su1 Respect Mutual Respect</p> <p>Relationships – How to respect equality and diversity Living in the Wider World- Human rights etc.</p>	<p>Su2 Thankfulness All British Values</p> <p>Health and Wellbeing – Recognising and Managing Emotions/ Living in the Wider World – different responsibilities.</p>
<p>Week 1 To always explore the British Value of the Term</p>	<p style="text-align: center;">British Value 'Mutual Respect'</p> <ul style="list-style-type: none"> • To understand and know the meaning of mutual respect. <p style="text-align: center; color: blue;">'My Feelings and Me' Booklet Whole School Priority (Year Groups to use PSHE learning time to complete in the first 2 weeks of Sum1)</p>	<p style="text-align: center;">British Value Exploring All British Values</p> <ul style="list-style-type: none"> • To understand and re-visit all the British Values covered across the year.

<p>Week 2</p>	<p style="text-align: center;">Stereotyping</p> <ul style="list-style-type: none"> To understand the meaning of stereotyping <p style="text-align: center;">Gender</p> <p>To understand how gender stereotyping has brought restriction to society:</p> <p>Job Roles/ Business/ Equal Pay/ Votes for Women/ Single Parent Families/ Parental Rights</p> <ul style="list-style-type: none"> To understand and be aware of stereotypes; how they can negatively influence behaviours and attitudes towards others; strategies for challenging stereotypes 	<p style="text-align: center;">Ourselves, Growing and Changing</p> <ul style="list-style-type: none"> To understand and explore the physical and emotional changes that happen when approaching and during puberty. To understand the key facts about Puberty – exploring any misconceptions To understand and know how to identify the external genitalia and internal reproductive organs in males and females and how the process of puberty relates to human reproduction To understand and know about the physical and emotional changes that happen when approaching and during puberty <p>(A chance for the children to openly discuss worries etc.)</p> <ul style="list-style-type: none"> To understand where to get more information, help and advice about growing and changing, especially about puberty
<p>Week 3</p>	<p style="text-align: center;">Equality</p> <ul style="list-style-type: none"> To understand the meaning of Equality To understand and know the meaning of Human rights To know and understand discrimination of individuals and communities, how we can reduce discrimination by exploring British Values To understand the meaning of prejudice; To understand how to recognise behaviours/actions which discriminate against 	<p style="text-align: center;">Aspirations & Role Models</p> <ul style="list-style-type: none"> To understand and know my own short and long term goals To understand new opportunities/responsibilities that increasing independence may bring. To understand and know what can we learn from role models we know and do not know (Role Models in the Media)

	<p>others</p> <ul style="list-style-type: none"> To know how to respond safely to prejudice, if witness or experienced. 	
Week 4	<p>Consolidation – How to show respect and avoid conflict.</p> <p>Revisit Tolerance and Explore Empathy</p> <ul style="list-style-type: none"> How to discuss and debate topical issues, respect other people’s point of view and constructively challenge those they disagree with 	<p>Aspirations – Aiming High</p> <ul style="list-style-type: none"> To understand how my secondary school life can support my future and future job aspirations. To understand what routes and opportunities there are to gain employment To understand and know what it means to have an interview. To understand and explore that some jobs are paid more than others but some people choose voluntary work (unpaid) – how does this help the environment/people around the world (charity)
Week 5	<p>Economic Wellbeing</p> <ul style="list-style-type: none"> To understand spending decisions can affect others and the environment – charity, single use plastic. (Economic Wellbeing) To know that people have different attitudes towards saving To understand what influences peoples decisions and to understand our aspirations to earn money. To know how do we build a future for ourselves? To understand and know what recourse are there to help those less fortunate. To understand the deprivation in the UK and other 	<p>Transition Support</p> <ul style="list-style-type: none"> To understand new expectations of Secondary School To know responsibilities over the Summer Holidays and reflecting on how to identify risks and how to manage risk.

	<p>countries around the world.</p> <ul style="list-style-type: none"> • To understand how people’s spending can affect others and the environment – fair-trade, single use plastic, giving to charity etc. 	
<p>Week 6</p>	<p style="text-align: center;">What makes me wonderful?</p> <ul style="list-style-type: none"> • To understand and know what is our individuality and personal qualities etc. • To understand and know what are our personal strengths/interests are by understand and exploring self-worth. • To understand and know how to respect for ourselves, self worth. • To know how can I maintain a positive mind-set, when do I need to have time for me? (Self Care) • To know how to manage setbacks/perceived failures, including how to re-frame unhelpful thinking 	<p style="text-align: center;">Transition Support</p>
<p>Week 7</p>		