
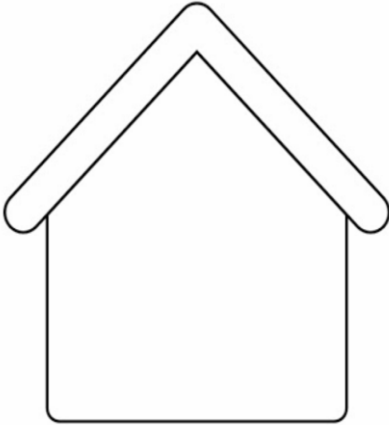


*'We create a nurturing environment which both inspires and challenges our whole school family, equipping our children to have high aspirations to: 'Dream big, love God and live well.'*

	<p>Spr1 <b>Hope</b> <b>Rule of Law</b></p> <p>Healthy Lifestyle/ Health and Wellbeing – Understand risk/ resisting Pressure</p>	<p>Sp2 <b>Friendship</b> <b>Tolerance of those with different faiths and beliefs</b></p> <p>Relationships What is a healthy relationship?</p>
<p>Week 1</p> <p>To always explore the British Value of the Term</p>	<p>To always explore the British Value of the Term</p> <p><b>British Values</b> <b>Rule of Law</b></p> <ul style="list-style-type: none"> <li>• To understand what a rule is.</li> <li>• To understand consequences if a rule is broken.</li> <li>• To understand that together as a society we must follow the 'Rule of Law.'</li> <li>• To know type of rules that applies to me.</li> </ul>	<p>To always explore the British Value of the Term</p> <p><b>British Values</b> <b>Tolerance of those with different faiths and beliefs</b></p> <ul style="list-style-type: none"> <li>• To understand the meaning of tolerance (To accept our friends regardless of difference)</li> <li>• To understand that not everyone follows the faith, religion or belief that we learn as a Church School.</li> </ul>

<p>Week 2</p>	<p><b>How do I keep myself physically and emotionally safe?</b></p> <ul style="list-style-type: none"> <li>To understand the meaning of <b>consent</b> especially around strangers. (NSPCC PANTS Rule)</li> </ul> <p><a href="https://www.nspcc.org.uk/keeping-children-safe/support-for-parents/pants-underwear-rule/">https://www.nspcc.org.uk/keeping-children-safe/support-for-parents/pants-underwear-rule/</a></p>  <p>underwear-rule-resource...entation</p>	<p><b>Exploring Friendships</b></p> <ul style="list-style-type: none"> <li>To understand how tolerating others and respecting other opinions allows us to be friends.</li> <li>To know what makes a good friend</li> <li>To understand the qualities we seek in friends.</li> </ul>
<p>Week 3</p>	<p><b>‘Keeping Myself Safe’- Can I create a Safe Home</b></p> <p>Quick Recap Autumn 1 Week 5 (minimise harm – First Aid)</p> <ul style="list-style-type: none"> <li>Understand strategies to keep safe at home (exploring Medicines)</li> <li>To know how to keep safe at home.</li> </ul> 	<p><b>Exploring Relationships and Resolving Conflict</b></p> <ul style="list-style-type: none"> <li>To know how we can independently resolve some friendship problems, but recognise when support is needed.</li> <li>Linked to Spr1 Week 4 – Who can help me when I am being pressured?</li> <li>To understand the meaning of bullying and how to seek help (Bullying – seeking to cause harm, everyday/consistently) – not a one-time incident.</li> </ul>
<p>Week 4</p>	<p><b>Keeping Myself Safe – Peer Pressure</b></p>	<p><b>Families and Close Positive Relationships</b></p>

	<ul style="list-style-type: none"> <li>• To understand and know the risks of peer pressure</li> <li>• To know how to avoid peer pressure and who can help you</li> <li>• To know how being pressured may feel (Body Clues)</li> </ul>	<ul style="list-style-type: none"> <li>• To know and understand how does our families differ from each other's. (What makes a family?)</li> <li>• To know and understand that all families have challenges and may not always be perfect.</li> <li>• To know the positive relationships we have at Bishop King?</li> </ul> <p>Stone Wall Resources/ We are Family -</p> <ul style="list-style-type: none"> <li>• <a href="https://www.youtube.com/watch?v=HgjXw2OMEIQ">https://www.youtube.com/watch?v=HgjXw2OMEIQ</a></li> </ul>
Week 5	<p><b>14<sup>th</sup> Feb 2023 – Internet Safety Day (Priority)</b></p> <ul style="list-style-type: none"> <li>• To understand and know the risks of being online, including age restrictions.</li> <li>• To know the internet and digital devices can be used safely to find things out and to communicate with others</li> </ul>	<p><b>Economic Wellbeing – Money</b></p> <ul style="list-style-type: none"> <li>• To understand what money is; forms that money comes in</li> <li>• To know that people make <u>different choices</u> about how to save and spend money.</li> <li>• To understand the difference between needs and wants; that sometimes people may not always be able to have the things they want.</li> </ul>
Week 6	<p><b>Exploring Self-Image</b></p> <ul style="list-style-type: none"> <li>• To know that self-image/esteem is how we see ourselves</li> <li>• To know how to 'see/identify' our own strengths independently – how do I feel about me?</li> <li>• To understand that self-esteem can be raised by positivity – independently and from support network</li> </ul>	<p><b>Expect Respect Teaching - Priority (Consent)</b></p>
Week 7		