

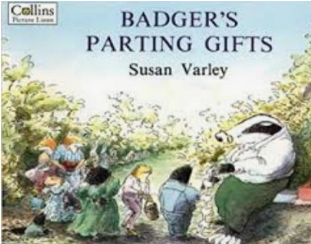
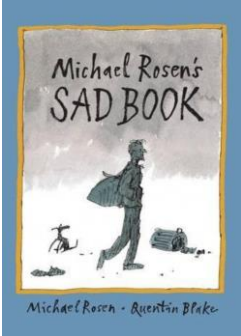
**Medium Term Curriculum Overview 2023/24 – Spring Term**

**Subject: PSHE**

**Year: 2**

*'We create a nurturing environment which both inspires and challenges our whole school family, equipping our children to have high aspirations to: 'Dream big, love God and live well.'*

	<p>Spr1 Hope <b>Rule of Law</b></p> <p>Healthy Lifestyle/ Health and Wellbeing – Understand risk/ resisting Pressure</p>	<p>Sp2 <b>Friendship</b> <b>Tolerance of those with different faiths and beliefs</b></p> <p>Relationships What is a healthy relationship?</p>
<p>Week 1</p> <p>To always explore the British Value of the Term</p>	<p>To always explore the British Value of the Term</p> <p><b>British Values</b> <b>Rule of Law</b></p> <ul style="list-style-type: none"> <li>• To understand what a rule is.</li> <li>• To understand consequences if a rule is broken.</li> <li>• To understand that together as a society we must follow the 'Rule of Law.'</li> <li>• To know type of rules that applies to me.</li> </ul>	<p>To always explore the British Value of the Term</p> <p><b>British Values</b> <b>Tolerance of those with different faiths and beliefs</b></p> <ul style="list-style-type: none"> <li>• To understand the meaning of tolerance (To accept our friends regardless of difference)</li> <li>• To understand that not everyone follows the faith, religion or belief that we learn as a Church School.</li> </ul>

<p>Week 2</p>	<p><b>How Does it Feel when we Loose Something Important?</b></p> <ul style="list-style-type: none"> <li>To understand the feeling of grief, loss and how we may have experienced this already.</li> <li>To know strategies of how to cope with the feelings of sad and angry appropriately.</li> <li>To understand that grief can support us to become more resilient.</li> </ul> <p>*Grief and loss does not always mean death, it can be loss of a routine, sadness of something changing or a friend moving away.</p> <div style="display: flex; justify-content: space-around; align-items: center;">   </div>	<p><b>Families and Close Positive Relationships</b></p> <ul style="list-style-type: none"> <li>To know and understand how does our families differ from each other's. (What makes a family?)</li> <li>To know and understand that all families have challenges and may not always be perfect.</li> <li>To know the positive relationships we have at Bishop King?</li> </ul> <p>Stone Wall Resources/ We are Family -  <a href="https://www.youtube.com/watch?v=HgjXw2OMEIQ">https://www.youtube.com/watch?v=HgjXw2OMEIQ</a></p>
<p>Week 3</p>	<p><b>What does it feel like to be worried and who can help me?</b></p> <ul style="list-style-type: none"> <li>To know how we may feel if we are feeling worried and who can support us.</li> <li>To know what may make us feel worried</li> <li>To understand how using mindfulness can support us when feeling worried/</li> </ul> <p>*Quick Recap of learning from Autumn 1, Week 4</p>	<p><b>'Keeping myself safe</b></p> <ul style="list-style-type: none"> <li>To know and understand the PANTS Rule (Appropriate/Inappropriate Touch)</li> </ul> <p>From the <b>PSHE Association Programme of Study</b>  H25 to name the main parts of the body including external genitalia (e.g. penis, vagina)</p> <ul style="list-style-type: none"> <li>To understand and know when do we ask permission and when does our permission need to be sought?</li> <li>To know how to respond to adults safely that we do not know?</li> </ul>

Week 4	<p><b>Keeping Myself Safe – Peer Pressure</b></p> <ul style="list-style-type: none"> <li>• To understand and know the risks of peer pressure</li> <li>• To know how to avoid peer pressure and who can help you</li> <li>• To know how being pressured may feel (Body Clues)</li> </ul>	<p><b>Healthy and Unhealthy Relationships</b></p> <ul style="list-style-type: none"> <li>• To understand what a healthy relationship looks like</li> <li>• To know what unhealthy attributes are within a relationship</li> <li>• To understand and know how to seek support if experience unhealthy attributes in a relationship</li> </ul>
Week 5	<p><b>14th Feb 2023 – Internet Safety Day (Priority)</b></p> <ul style="list-style-type: none"> <li>• To understand and know the risks of being online, including age restrictions.</li> <li>• To know the internet and digital devices can be used safely to find things out and to communicate with others</li> </ul>	<p><b>Expect Respect Teaching - Priority (Consent)</b></p>
Week 6	<p><b>Economic Wellbeing – Money</b></p> <ul style="list-style-type: none"> <li>• To understand what money is; forms that money comes in</li> <li>• To know that people make <u>different choices</u> about how to save and spend money.</li> <li>• To understand the difference between needs and wants; that sometimes people may not always be able to have the things they want.</li> </ul>	<p><b>We are all Unique</b></p> <ul style="list-style-type: none"> <li>• To understand the meaning of identity</li> <li>• To know what aspects of our life can be part of our identity (faith, belief, gender, ability)</li> <li>• To understand what makes us all special (sense of self)</li> </ul>
Week 7		

