

## Medium Term Curriculum Overview 2023/24 - Spring Term

Subject: PSHE Year: 3

'We create a nurturing environment which both inspires and challenges our whole school family, equipping our children to have high aspirations to: 'Dream big, love God and live well.'

	Spr1 Hope Rule of Law  Healthy Lifestyle/ Health and Wellbeing – Understand risk/ resisting Pressure	Friendship Tolerance of those with different faiths and beliefs Relationships What is a healthy relationship?
Week 1  To always explore the British Value of the Term	To always explore the British Value of the Term  British Values Rule of Law  • To understand the meaning of 'Criminal Law' and the 'Legal System' and to know why.  KS1 Pupils will already know • To understand what a rule is. • To understand consequences if a rule is broken. • To understand that together as a society we must follow the 'Rule of Law.' • To know type of rules that applies to me.	To always explore the British Value of the Term  British Values Tolerance of those with different faiths and beliefs  • To understand the feelings of others if we were not tolerant. • To understand that there can be consequences if we are not tolerant of other people's difference including consequences of racist behaviour.  KS1 Pupils will already know • To understand the meaning of tolerance (To accept our friends regardless of difference) • To understand that not everyone follows the same faith, religion or belief that we learn as a Church School.

Week 2	<ul> <li>Can I understand what peer pressure is?</li> <li>To understand and identify the risks and the influences of peer pressure.</li> <li>To understand and know controlling behaviours associated with peer pressure.</li> <li>To understand what the risks and factors of peer pressure</li> </ul>	<ul> <li>Families and Close Positive Relationships</li> <li>To understand and acknowledge that all families differ and all face challenges.</li> <li>To know that families do not always only consist of a Mum and a Dad – to know what family means to us?</li> <li>To understand the positive relationships we have at Bishop King?</li> <li>Stone Wall Resources/ We are Family - <a href="https://www.youtube.com/watch?v=HgjXw2OMEIQ">https://www.youtube.com/watch?v=HgjXw2OMEIQ</a></li> </ul>
Week 3	<ul> <li>Keeping Healthy - Physically (My Body) and Emotionally Safe</li> <li>To understand and know the meaning of Consent and have the ability to say 'No'.</li> <li>To know unwanted own opinion of unwanted physical/emotional contact and to know what strategies would we use – Appropriate/Inappropriate touch.</li> <li>To know when to say 'no'/ 'I'll tell' – to know that sometimes we have a responsibility to tell</li> </ul>	<ul> <li>Can I understand the role of marriage, why people get married and how marriage has changed over time?</li> <li>To understand and know what marriage is.</li> <li>To understand why people get married and to know what is included in a wedding ceremony.</li> <li>To understand and know different expectations in marriage in relation to faith and religions.</li> </ul>

Week 4	Can I say what makes me feel worried and what I can do about it?  To understand and know where to get advice and report concerns if worried about their own or someone else's personal safety (including online)  To know the difference between confidentiality and a secret (Relating back to 'no'/'I'll tell' from Week 3.  To know when confidentiality must be shared to support and protect others.	<ul> <li>Can I explain what makes someone special?</li> <li>To know how to have a healthy relationship.</li> <li>*Relationships - to know that relationships are not always in a romantic context. Our relationships with friends/peers/teachers/family etc.)</li> <li>To understand who I have a healthy relationship with who and why my relationships are positive/healthy</li> <li>To know who are my support network (healthy relationships) are in and out of school.</li> </ul>
Week 5	<ul> <li>14<sup>th</sup> Feb 2023 - Internet Safety Day</li> <li>To understand and know the risks of being online, including age restrictions.</li> <li>To know the internet and digital devices can be used safely to find things out and to communicate with others</li> <li>To understand how to reduce risk and avoid pressure of media and online (Body Image)</li> </ul>	Expect Respect Teaching - Priority (Consent)
Week 6	Aspirations – Aiming High     Recognise positive things about themselves and their achievements; set     Exploring some jobs are paid more than others but some people choose voluntary work (unpaid) – how does this help the environment/people around the world (charity)	
Week 7		

