


*'We create a nurturing environment which both inspires and challenges our whole school family, equipping our children to have high aspirations to: 'Dream big, love God and live well.'*

	<b>Au1</b> <b>Koinonia</b> <b>Democracy</b> <b>Healthy Lifestyle/ Health and Wellbeing</b>	<b>Au2</b> <b>Generosity</b> <b>Individual Liberty</b> <b>Living in the Wider World - Respecting Environment/ Responsibility</b>
Week 1 <b>To always explore the British Value of the Term</b>	<p><b>To always explore the British Value of the Term</b></p> <p style="text-align: center;"><b>British Value Democracy</b></p> <ul style="list-style-type: none"> <li>To understand the meaning of the word Democracy in relation to why we need democracy.</li> <li>To understand and know the main political parties in Great Britain</li> <li>To understand the meaning of 'election'</li> </ul> <p><b>KS1 will already know...</b></p> <ul style="list-style-type: none"> <li>To understand the meaning of word Democracy (Using our voice)</li> <li>To understand what Democracy looks like at Bishop King</li> <li>To understand what Democracy looks like in Great Britain (Government)</li> </ul> <p><b>Please use pupil voice to create class rules/routines.</b></p>	<p><b>To always explore the British Value of the Term</b></p> <p style="text-align: center;"><b>British Value Individual Liberty</b></p> <ul style="list-style-type: none"> <li>To understand how Individual Liberty is linked to what rights we have as people 'freedom of opinion, belief, protect against discrimination, right to an education etc.)</li> <li>To know that Individual Liberty allows us to aspire for our future and 'Dream Big.'</li> </ul> <p><b>KS1 will already know...</b></p> <ul style="list-style-type: none"> <li>To understand the meaning of the words Individual Liberty (Knowing we are free and have rights)</li> <li>To understand we are free to do what's right, as long as it doesn't hurt anyone else.</li> <li>To understand we must respect other people's rights and choices.</li> </ul>

<p>Week 2</p>	<p style="text-align: center;"><b>Keeping Healthy - (Physically and Mental Wellbeing)</b></p> <ul style="list-style-type: none"> <li>• To know how to maintain a physically healthy lifestyle</li> <li>• To understand and know how to keep mentally healthy (wellbeing)</li> <li>• To know the value of keeping mentally healthy, how this is just as important as physical health.</li> </ul>	<p style="text-align: center;"><b>'We are all equal'</b> <b>Can I identify and respect the differences and similarities between people?</b></p> <ul style="list-style-type: none"> <li>• To understand diversity within a community and learn how we respect people who are different to us?</li> </ul> <p>(BLM Movement) (Gender Equality) (LGBTQ+ Equality)</p> <p style="text-align: center;"><b>Challenging stereotypes</b></p> <ul style="list-style-type: none"> <li>• To understand the challenges that stereotyping can bring.</li> <li>• To know stereotyping can restrict opportunity and opinions.</li> </ul> <p>Using 'Valuing All God's Children' for support if needed.</p> 
<p>Week 3</p>	<p style="text-align: center;"><b>Can I recognise my own feelings?</b></p> <ul style="list-style-type: none"> <li>• To know that bad feelings don't last forever, but we must experience them to prevent us from feeling that way again, they help us move forward. (Resilience)</li> <li>• To know and understand what coping strategies work for us – how can I help myself?</li> <li>• To know how to recognise what others might be feeling (exploring empathy, understand we are not alone)</li> <li>• To know how to overcoming mistakes and learning from them</li> </ul>	<p style="text-align: center;"><b>Can I respect equality and to be a productive member of a diverse community?</b></p> <ul style="list-style-type: none"> <li>• To understand the meaning of equality</li> <li>• To know how to show tolerance, respect and generosity to people in different community groups to me.</li> <li>• To understand how to listen and respond respectfully to transitions, beliefs and lifestyles.</li> <li>• To understand the value/benefit of living in a diverse world.</li> </ul>
<p>Week 4</p>	<p style="text-align: center;"><b>Keeping Myself Safe -Exploring First Aid</b></p>	<p style="text-align: center;"><b>Can I understand the importance of looking after the environment? (Pollution)</b></p>

	<ul style="list-style-type: none"> <li>• To understand and know how to keep safe at home.</li> <li>• To understand risk in simple everyday situations and what actions to take to minimise harm.</li> <li>• To know how to access help in an emergency (999 and other agencies who can support children- Kooth, Childline, NSPCC)</li> </ul>	<ul style="list-style-type: none"> <li>• To understand how people’s spending can affect others and the environment – fair-trade, single use plastic, giving to charity etc.</li> <li>• To understand the meaning of and how to ensure sustainability.</li> <li>• To understand and know ways of carrying out shared responsibilities for protecting the environment in school and at home; how everyday choices can affect the environment (e.g. reducing, reusing, recycling; food choices)</li> </ul>
Week 5	<p style="text-align: center;"><b>Keeping Myself Safe</b> <b>– Appropriate/Inappropriate Touch (Consent)</b></p> <ul style="list-style-type: none"> <li>• To understand and know our own opinions of appropriate/inappropriate touch is (and how this maybe different for other people)</li> <li>• To understand the meaning of seeking permission and the meaning of Consent.</li> <li>• To know what he risks and factors of peer pressure are.</li> </ul>	<p style="text-align: center;"><b>Exploring Friendships</b></p> <ul style="list-style-type: none"> <li>• To understand how to take responsibility for my behaviours and know how my behaviours can effect others</li> <li>• To understand the importance of trust and how it can be broken and gained.</li> <li>• To understand the idea of self-respect and to know how to treat others respectfully.</li> </ul>
Week 6	<p style="text-align: center;"><b>How do I keep myself physically and emotionally safe?</b></p> <ul style="list-style-type: none"> <li>• To know and understand the confidence to have the ability to say ‘No’.</li> <li>• To understand how to respect privacy and to know that some areas of our life and body are private.</li> <li>• To understand where to get advice and report concerns if worried about my own or someone else’s personal safety (including online)</li> </ul>	<p style="text-align: center;"><b>My Support Network</b></p> <ul style="list-style-type: none"> <li>• To identify who in school, home and the community can help me</li> </ul>

Week 7	<p data-bbox="365 247 761 279"><b>What makes me Wonderful?</b></p> <ul data-bbox="286 323 835 528" style="list-style-type: none"><li data-bbox="286 323 835 419">• To understand and know what is our individuality and personal qualities etc.</li><li data-bbox="286 427 835 528">• To understand and know what are our personal strengths/interests are by understand and exploring self-worth.</li></ul> 