

<u>Subject:</u> PSHE

'We create a nurturing environment which both inspires and challenges our whole school family, equipping our children to have high aspirations to: 'Dream big, love God and live well.'

	Spr1 Hope Rule of Law Healthy Lifestyle/ Health and Wellbeing – Understand risk/ resisting Pressure	Sp2 Friendship Tolerance of those with different faiths and beliefs Relationships What is a healthy relationship?
Week 1 To always explore the British Value of the Term	 To always explore the British Value of the Term British Values Rule of Law To understand the meaning of 'Criminal Law' and the 'Legal System' and to know why. KS1 Pupils will already know To understand what a rule is. To understand consequences if a rule is broken. To understand that together as a society we must follow the 'Rule of Law.' To know type of rules that applies to me. 	To always explore the British Value of the Term British Values Tolerance of those with different faiths and beliefs • To understand the feelings of others if we were not tolerant. • To understand that there can be consequences if we are not tolerant of other people's difference including consequences of racist behaviour. KS1 Pupils will already know • To understand the meaning of tolerance (To accept our friends regardless of difference) • To understand that not everyone follows the same faith, religion or belief that we learn as a Church School.

Week 2	 Keeping Ourselves Safe Peer Pressure To know the influential risk of peer pressure To understand and be able to identify controlling behaviours associated with peer pressure To understand the meaning of accountability and how we are accountable for our own actions/behaviours. 	Young Leaders Programme
Week 3	 Can I say what makes me feel worried and what I can do about it? To know my safe adults who I can trust with my worries (in and out of school) To understand how to recognise risk, including others taking risk and how I can support them by seeking help To know the difference between confidentiality and secret and to know when to share something that has been shared, if someone is at risk of being unsafe. 	Young Leaders Programme

Week 4	Can I recognise how images in the media do not always reflect reality and can affect how people feel about themselves?	Young Leaders Programme
	 To understand pressures of self-image in social media. To understand that the media's perception of beauty may not be reality. To know that social media can glamorise beauty, drugs, alcohol etc. 	
Week 5	 14th Feb 2023 - Internet Safety Day To understand and know the risks of being online, including age restrictions. To know what it means to 'know someone online' and how this differs from knowing someone face-to-face To understand how to reduce risk and avoid pressure of media and online (Body Image) 	Young Leaders Programme
Week 6	 Economic Wellbeing - Money To recognised what influences people's decisions when spending money – what makes something 'Good Value for Money' how people can help with this (financial advisors) To understand risks associate with money (money can be won, lost or stolen) – How to keep money safe – Banking. 	Young Leaders Programme
Week 7		