

Reception

<u>Term</u>	<u>RW</u>	<u>RB</u>
Autumn 1	Body management	Gymnastics
Autumn 2	Gymnastics	Body management
Spring 1	Manipulation and coordination	Dance
Spring 2	Dance	Manipulation and coordination
Summer 1	Cooperation and solve problems	Cooperation and solve problems
Summer 2	Speed Agility Travel	Speed Agility Travel

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Year 1

<u>Term</u>	<u>1BR</u>	<u>1BA</u>
Autumn 1	Hit Catch Run	Hit Catch Run
Autumn 2	Attack Defend Shoot	Attack Defend Shoot
Spring 1	Gymnastics	Gymnastics
Spring 2	Dance	Dance
Summer 1	Send and Return	Send and Return
Summer 2	Run Jump Throw	Run Jump Throw

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Year 2

<u>Term</u>	<u>2AH</u>	<u>2AR</u>
Autumn 1	Invasion games (Send and Return)	Invasion games (Send and Return)
Autumn 2	Net, court and wall skills (Attack, Defend, Shoot)	Invasion games (Attack, Defend, Shoot)
Spring 1	Dance	Dance
Spring 2	Net, court and wall skills (Hit, Catch, run)	Net, court and wall skills (Hit, Catch, run)
Summer 1	Striking and Fielding (Hit Catch Run)	Striking and Fielding (Hit Catch Run)
Summer 2	Athletics (Run Jump Throw)	Athletics (Run Jump Throw)

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Year 3

<u>Term</u>	<u>Synergy – 3K</u>	<u>3G</u>
Autumn 1	Football	Football
Autumn 2	Hockey	Basketball
Spring 1	Dance/Gymnastics	Hockey
Spring 2	Tennis	Dance/Gymnastics
Summer 1	Athletics	Cricket
Summer 2	Cricket	Athletics

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Year 4

<u>Term</u>	<u>4M</u>	<u>4C</u>
Autumn 1	Swimming	Football
Autumn 2	Football	Swimming
Spring 1	Swimming	OAA
Spring 2	OAA	Swimming
Summer 1	Swimming	Athletics
Summer 2	Athletics	Swimming

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Year 5

<u>Term</u>	<u>5C</u>	<u>5T</u>
Autumn 1	Swimming	Netball
Autumn 2	Netball	Swimming
Spring 1	Swimming	Enrichment (Quidditch)
Spring 2	Enrichment (Tri-Golf)	Swimming
Summer 1	Swimming	Athletics
Summer 2	Athletics	Swimming

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Year 6

<u>Term</u>	<u>6F</u>	<u>6M – Synergy</u>
Autumn 1	Gymnastics	Handball
Autumn 2	Hockey	Basketball
Spring 1	Tennis	Dance/Gymnastics
Spring 2	Basketball	Tennis
Summer 1	Rounders	Athletics
Summer 2	Athletics	Rounders

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